

MEDCOR WELLBEING PRODUCT OFFERINGS

	FOUNDATION	CORE	PERFORMANCE
Delivery	Digital Library	Virtual	Onsite
Mental Health First Aid Training 2 Day Certification, up to 15 employees	\$5,000	X	X
Healthy Education Lessons, Plans, & Health Tips Weekly blog, monthly topic & newsletter, QR codes and multi-language available	X	X	X
Quarterly Wellbeing Workshops & Lifestyle Challenges Includes habit forming behavior workshops challenges & engagement strategies		X	X
Dedicated Wellbeing Ambassador Medcor representative assigned to champion your wellbeing program		X	X
Corporate Infrastructure Support Medcor representative is supported by expert-level care (Wellbeing, Clinical Affairs, Safety, & OSHA Experts)		X	X
Group Health Coaching Sessions Instructor facilitated workshops and classes to address needs		X	X
Virtual Healthy Lifestyle Coaching Includes nutrition, activity, and mental wellbeing		X	X
Employee Satisfaction & Interest Surveys		X	X
Basic First Aid Testing AED			X
Onsite Ambassador Promote wellness, lead classes, 1:1 lifestyle sessions & plans			X
Lifestyle, Biometric Screens & Coaching Encounters Behavior based coaching following lifestyle and biometric screening data			X
Employee Incentive & Activity Platform Earn points for wellness activities that translate prize and gifts also includes on-demand video content and habit tracking opportunities			X
Trend Reporting Discover trends, high volume days, and risk categories			X
Annual Health Fair Showcase services, products, community partners or benefits			X
Drug Testing <i>Optional</i>		X	
Vaccination Clinics <i>Optional</i>			X